



SERVED WITH TOASTS  
White or brown bread included,  
Household, multigrain or rye + 0.50\$  
Gluten free + \$2.50

**1 EGG WITH FRUIT 8.95**  
**2 EGGS WITH FRUIT 9.95**

SERVED WITH POTATOES, TOASTS, BAKED BEANS AND A CHOICE  
OF FRUITS OR TOMATOES

BACON, SAUSAGES, HAM, CRETONS SPREAD OR BEANS

**1 EGG 1 CHOICE OF MEAT 8.95**  
**2 EGGS 1 CHOICES OF MEAT 9.95**  
**2 EGGS 2 CHOICES OF MEAT 12.45**  
**2 EGGS 3 CHOICES OF MEAT 14.45**

**FEAST 1 17.95**

2 EGGS WITH 3 CHOICES OF MEAT AND  
A CREPE OR A FRENCH TOAST BANANAS AND CHOCOLATE

**FEAST 2 18.95**

2 EGGS WITH 3 CHOICES OF MEAT AND  
A CREPE OR A FRENCH TOAST STRAWBERRIES AND CHOCOLATE

**FEAST 3 18.95**

2 EGGS WITH 3 CHOICES OF MEAT AND  
A SALTED CARAMEL WAFFLE

**POTATOE GRATINS**

**+ 3.00\$**

**REPLACE YOUR TOMATOES**

**WITH FRUITS + 2.00\$**

## EGGS BENEDICT

SERVED WITH POTATOES

**FLORENTINE 14.25**

2 POACHED EGGS ON ENGLISH MUFFIN,  
SPINACH, CHEDDAR AND HOLLANDAISE SAUCE

**GARE 422 16**

2 POACHED EGGS ON ENGLISH MUFFIN,  
HAM, ASPARAGUS, SWISS CHEESE AND HOLLANDAISE SAUCE

**ATLANTIQUE 17**

2 POACHHED EGGS ON AN ENGLISH MUFFIN,  
SMOKED SALMON, RED ONIONS, CAPERS, CHEDDAR AND HOLLANDAISE  
SAUCE

## OMELETS

3 BEATEN EGGS

SERVED WITH POTATOES AND TOASTS



**SPINACH & CHEDDAR 13.95**

Spinach and cheddar cheese

**WESTERN 13.95**

Ham, tomatoes, onions and red peppers

**3 CHEESES 14.95**

Cheddar, swiss and Fou du Roy

**VEGGIE 15.95**

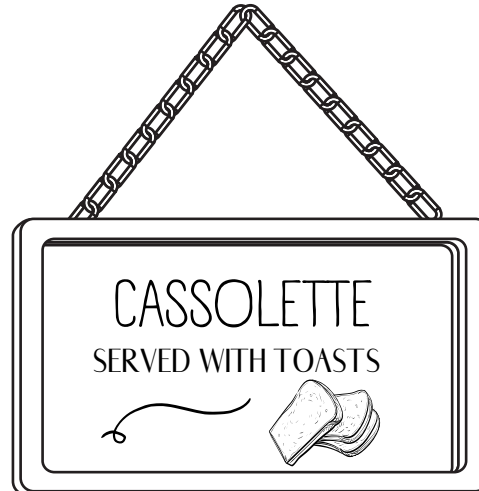
Onions, spinach, asparagus, red peppers,  
mushrooms and cheese curds

**CARNIVOROUS 15.95**

Sausages, ham and cheddar



**made with white eggs+ 2.00**



**Add hollandaise  
sauce 2.50\$  
Extra egg 1\$**

**CARNIVOROUS 15.95**

Bacon, sausages, ham, potatoes  
served au gratin and topped with an egg

**VEGGIE 15.95**

Asparagus, spinach, red peppers, onions, potatoes  
served au gratin and topped with an egg

**DUCK CONFIT 16.95**

Duck confit, green onions, potatoes  
served au gratin and topped with an egg

**FISHERMAN 17.95**

Smoked salmon, red onions, capers, potatoes  
served au gratin and topped with an egg

# LES RAISONNABLES

## OATMEAL 10

Small pieces of bananas, brown sugar and toasts

## FRUITS AND YOGURT 10.00

Mixed fruits, vanilla yogourt topped with granola

## FRUITS BOWL 15.50

Assorted fruits and vanilla yogourt topped with granola served with bagel and cream cheese

## HEALTHY FRESHNESS 16

2 poached eggs, cottage cheese, fresh fruits and toasts

## SMOOTIES BOWLS

Garnished with chia seeds, fruits, oatmeal and a variety of nuts

## BANANAS & CHOCO 11.95

## BERRIES 11.95

## PEACH VANILLA 11.95

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## SPECIALITIES

### POUTINE 422 14.95

BREAKFAST POUTINE WITH BACON, HAM, CHEDDAR CHEESE AND HOLLANDAISE SAUCE TOPPED WITH AN EGG

### THE NEW YORKER 17.95

FRENCH TOASTS COVERED WITH STRAWBERRIES AND DECADENT VANILLA CREAM CHEESE COULIS

### GOLDEN SANDWICH 17.95

FRENCH TOASTS SANDWICH WITH EGG, HAM, SWISS CHEESE COVERED WITH FRUITS

### SALTED CARAMEL BELGIAN WAFFLES 17.95

WAFFLES WITH STRAWBERRIES AND TOPPED WITH A HOMEMADE SALTED CARAMEL COULIS MADE WITH GALIANO

## FRENCH TOASTS OR CREPES

### PLAIN 11

3 crepes/ 2 plain french toasts

### APPLE AND CHEDDAR 13.45

### FRUITS AND ENGLISH CREAM 16.95

### BANANAS, STRAWBERRIES AND CHOCO 16.95

Served with whipped cream

### HAM, SWISS AND ASPARAGUS 16.95

Served with potatoes and a choice of fruits or potatoes



Pure maple syrup + 2.00\$

## SANDWICHES

Served with potatoes

### BREAKFAST MUFFIN 11

English muffin with egg and cheese choice of bacon, ham or sausages

### GRILLED CHEESE 12.95

Bacon and cheddar cheese

### WESTERN SANDWICH 12.75

western omelet sandwich

### BLT 12.95

Bacon, lettuce and tomatoes

### BREAKFAST CLUB 15.95

An egg with cheddar cheese, served on three toasts and accompanied by fruits or tomatoes

### BAGEL SMOKED SALMON

### AND FRUITS 17.25

Served with red onions and capers



ALL BREAKFAST  
INCLUDES COFFEE  
AND TEA





# KIDS

10 YEARS OLD AND UNDER, SERVED WITH JUICE OR REGULAR MILK

**CHEESE OMELET 8**

Served with potatoes and toasts

**422'S BREAKFAST 8**

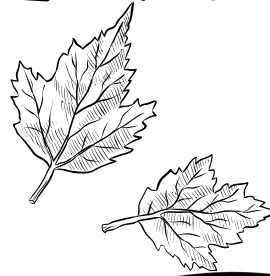
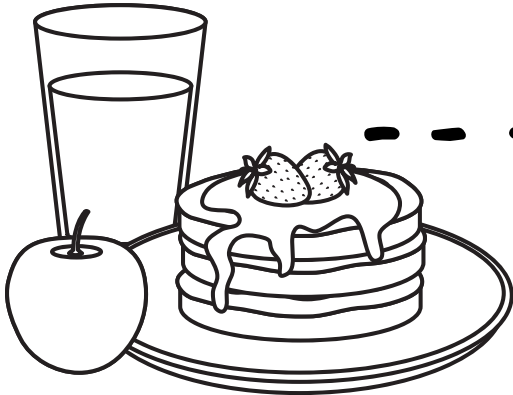
one egg with choice of bacon, sausages or ham.  
served with potatoes and toasts

**GRILLED CHEESE 8**

With bacon and cheddar

**BANANAS YUMMY 9**

Small crepe with bananas and chocolate  
sauce



## BEVERAGES

SMOOTHIE OF THE DAY 6\$

MILK 2.50\$

CHOCOLATE MILK 3\$

HOT CHOCOLATE 3\$

SPRING WATER 2\$

MINERAL WATER 3\$

SOFT DRINK 2.60\$

ASSORTED JUICE 3\$

ESPRESSO 3\$ - DOUBLE 4\$

CAPPUCCINO 4\$

LATTE BOWL 5\$

PURE MAPLE SYRUP 2\$

BAKED BEANS 2.75\$

VANILLA YOGURT 3\$

ENGLISH CREAM 3\$

CHOCOLATE SPREAD 3\$

FRESH FRUITS BOWL 4.95\$

BERRIES BOWL 6\$

TOASTS OR ENGLISH MUFFIN 2\$

BAGEL 3\$

EXTRA EGG 1\$

CREPE, FRENCH TOASTS OR

WAFFLE 3\$

POTATOES 3\$

EN GRATIN 3\$

HOLLANDAISE SAUCE 2\$

SWISS, CHEDDAR, COTTAGE OR

CREAM CHEESE 2\$

BACON (4), HAM (3 OZ),

SAUSAGES (2) OR CRETON

SPREAD 3\$

## BOOZY BRUNCH

BLOODY MARY 6.50

MIMOSA 8.50

CAVA BOTTLE & ORANGE OR GRAPEFRUIT

JUICE CARAFE 40

